

Dear Teachers:

Date\_\_\_\_\_

Behavior change and behavior management are an important part of the counseling program.

**Positive reinforcement is a strong motivator in changing behavior. You play a key role in encouraging behavior change.** Here are instructions for using the behavior goal cards.

- ***Choose one behavior for the child to work on.*** Phrase the goal in a positive way (e.g., Play nicely on playground, Pay attention in class, Complete class work, Keep hands and feet to self, Return completed homework daily, etc.)
- **PRIMARY GOAL CARD:**  
***Give a sticker/mark whenever you see the child demonstrate the goal.*** Reward the child(positive comments, recognition, notes to parents, etc.) and let him/her know you acknowledge the positive behavior.
- **UPPER GRADE GOAL CARD:**  
***Give child daily numeric score (from 0-10).***  
0=no progress / 5="on the right track" / 10=achieved goal  
Reward the child(positive comments, recognition, notes to parents, etc.) and let him/her know you acknowledge the positive behavior.
- ***Please send card with the student to each counseling session.***

THANK YOU SO MUCH for your cooperation, consistency, and support.

Margie Mulder, PIC (Primary Intervention Counselor)