Noble Avenue Elementary
Adopt-a-Dolphin Program 2010-11
Plug Charm Goal Setting Guidelines

To:_____ (Mentor of _____)

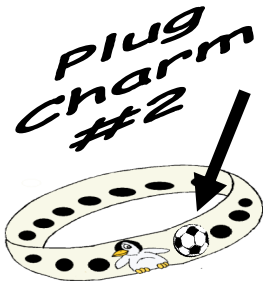
-Congratulation on completing the initial survey!! Please keep this sheet to guide you in setting goals with your Dolphin.

Plug Charm #1- "Just for Being You"

-Please give your Dolphin this band and ONE PLUG CHARM ONLY!

-Let them know that they didn't have to earn it— you are giving it to him/her "just for being you" or "because you're special just the way you are."

-They will need to earn the other two plug charms by setting goals with you.



To earn the 2nd charm, your Dolphin will need to set a goal in attendance, attitude, health and hygiene, personal responsibility, or another non-academic area .

The following are some examples— feel free to come up with your own:

- Arrive to school on time every day for a total of 15 days
- Go to sleep by 8:30 pm every night Monday-Friday for 3 weeks
- Get a positive behavior report from their teacher 4/5 days for 3 weeks
- Resolve conflicts at recess and lunch without fighting for a total of 15 days
- Bring all communications to and from school for 1 month
- Comb hair with gel every day for three weeks

Non-Academic Goal:

Date Accomplished/ Charm Given: _____

To earn the 3rd charm, your Dolphin will need to set an academic goal.

The following are some examples— feel free to come up with your own:

- Read 20 minutes at home every day for 4 weeks.
- Write a paragraph or more in a personal journal 4/5 days per week for 3 weeks.
- Learn multiplication facts for 6's-9's and answer 95% correctly on a 100 problem quiz.
- Complete all writing assignments in class in the allotted time for the next 2 weeks.
- Complete all homework for the next 3 weeks.

Academic Goal:

Date Accomplished/ Charm Given: _____

GENERAL GUIDELINES FOR GOAL-SETTING

- Choose a goal that is attainable but that will require two or more weeks to accomplish.
- The goal should be measureable. For example, "behaving better" would require a subjective judgment while "achieving two green faces or more on your behavior log for two weeks" is quantifiable.
- The goal should be attainable on a daily basis. For example, "reading at home for 20 minutes every evening" can be accomplished daily whereas "improving 10 wpm in fluency on the next OCR assessment" sets up an all-or-nothing situation without a defined action plan that can be carried out daily. We want students to be successful in attaining goals.
- USE YOUR JUDGEMENT. Make the goals meaningful. Also remember that some students will require easier goals than others to get the ball rolling.